

Bio-gardening in Schools: Educational, Moral and Health-related Effects

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(Summary)

The article analyzes the specific urban agricultural practice of bio-gardening in schools, which continues the tradition of experimental and teaching plots in schools and combines the basic effects of urban agriculture: social, health-related, economic and ecological. Above all, this tradition illustrates the combined social benefits of urban agriculture related to education, upbringing, and social integration. The data presented in the article is drawn from the findings of research (in-depth interviews and focus groups) conducted in the framework of the project *Urban Agriculture as a Strategy for Improving the Quality of Life of Urban Communities*, financed by the National Research Fund. The data refers to bio-gardens in schools on the territory of Sofia Municipality.

Keywords: urban agriculture; school bio-garden; educational effects; community building; health-related effects

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