

## **New Age Pilgrimages in Bulgaria**

*Evgenia Troeva*

(Summary)

This article is dedicated to the New Age pilgrimages in Bulgaria in the late 20th and early 21st centuries. It presents various types of pilgrim destinations: natural landmarks and cultural sites with a primarily religious character. Some specific aspects of the New Age pilgrimages in Bulgaria are outlined, such as the interest in 'Thracian' and 'Proto-Bulgarian' sites and beliefs, the influence of Danovism, and the inclusion of Orthodox religious centres in New Age sacred geography. The New Age pilgrimages are seen as a manifestation of postmodern religiosity, in which the leading idea is to acquire a personal experience of the respective *sites of energy/power* in the search for spiritual transformation.

**Keywords:** Pilgrimage, New Age, Religion

Evgenia Troeva  
Institute of Ethnology and Folklore Studies  
with Ethnographic Museum  
Acad. Georgi Bonchev Str., bl. 6  
1113 Sofia, BULGARIA  
troeva@abv.bg